





Kailasa Seattle

November 28 2020

1



Offering Gratitude at the feet of HDH



Nithyanandam!

This is Hariharan Karur Subramanian presenting the Nithya Sandesha Patrika, at the feet of the Supreme Pontiff of Hinduism Jagadguru Mahasannidhanam HDH Bhagavan Nithyananda Paramashivam, along with the department leads from Seattle Sarvajnapeetam – Nithyanandeshwara Hindu Temple and Consciousness Studies & Practices

Bowing down at your lotus feet Swamiji!



Kailasa Seattle – Garbha Mandir Activities



Morning Suprabatham

Sacred process of waking up the deities





Pratyaksha Pada Puja

Offering gratitude to HDH Nithyananda Paramashivam

Offered in the evening

Naivedhyam

Morning - Offered to Moolavar

Evening – Offered to Swamiji & Moolavar





Palliare

Sacred process of putting the deities to sleep

Today's activities were performed by Ma Priyabhaktananda, Ma Shivani, Sri Priyabhakta & Hariharan

3







Nithyanandeshwara Brahmotsavam



Dhoopam



Dheepam



Naivedhyam



Aarartrikam

Offered to: Moolavar, Ganesha, Subrahmanya, Devi & HDH Nithyananda Paramashivam





Subramanya Abhishekam



- Abhishekam & Alankaram was offered to Sri Ananda Subramanya, Valli & Devasena
- Dhoopam, Dheepam, Naivedhyam and Aarartrikam was also offered



Today's activities were performed by Ma Kalpana, Sri Priyabhakta, Ma Priyabhakta & Sri Mahayogita





Bharani Deepam



- Celebrated Bharani Deepam by invoking the presence of Paramashiva in the form of fire/light
- Ganesha Puja, Guru Puja were performed
- Dheepam was lit across the temple Moolavar,
 Nandi, Ganesha, Subramanya, Devi,
 Venkateshwara & Kaalabhairaya





Today's activities were performed by Hariharan, Ma Nandhini, Ma Rani, Varun Iyer & Sri Mahayogita





Rudra Abhishekam

- Rudra Abhishekam & Alankaram was offered to Moolavar & Bhoga murthies of HDH
 Nithyananda Paramashivam, Shiva, Devi & Spatika Linga
- Dhoopam, Dheepam, Naivedhyam and Aarartrikam was also offered



Today's activities were performed by Ma Shivani & Sri Priyabhaktananda



Kailasa Seattle - Enriching Activities





Nithyananda Yoga

Consciousness Studies & Practices, conducted online yoga in the morning at 5am PT. Yoga is conducted everyday online for free at 5am PT.



Social Media Enriching

4 new posts were created across Instagram, Facebook & Twitter – Reaching out with messages & teachings of HDH. These photos reached 110 people on Facebook. 28 new pictures were edited today



Offering Gratitude at the feet of HDH



Offering gratitude at the lotus feet of HDH Nithyananda Paramashivam for empowering us by giving the opportunities to grow and expand.

Dhanyavadaha