





# Kailasa Seattle

December 7 2020

1



# Offering Gratitude at the feet of HDH



# Nithyanandam!

This is Hariharan Karur Subramanian presenting the Nithya Sandesha Patrika, at the feet of the Supreme Pontiff of Hinduism Jagadguru Mahasannidhanam HDH Bhagavan Nithyananda Paramashivam, along with the department leads from Seattle Sarvajnapeetam – Nithyanandeshwara Hindu Temple and Consciousness Studies & Practices

Bowing down at your lotus feet Swamiji!



## Kailasa Seattle – Garbha Mandir Activities



## Morning Suprabatham

Sacred process of waking up the deities





#### Pratyaksha Pada Puja

Offering gratitude to HDH Nithyananda Paramashivam

Offered in the evening

#### Naivedhyam

Morning - Offered to Moolavar

Evening – Offered to Swamiji & Moolavar





#### **Palliare**

Sacred process of putting the deities to sleep

Today's activities were performed by Ma Priyabhaktananda & Sri Mahayogita



## Kailasa Seattle – Celebrations



# Maha Kaalabhairavar Jayanthi

- Abhishekam was offered to Sri Maha Kaalabhairavar
- Special Alankaram with lemon mala, flower mala & vada mala was offered
- Special naivedhyams were offered Lemon rice, sweet & vada
- Kaalabhairavar puja was also offered





Today's activities were performed by Hariharan, Sri Mahayogita, Ma Priyabhakta & Nandhini



## Kailasa Seattle – Enriching Activities





## Nithyananda Yoga

Consciousness Studies & Practices, conducted online yoga in the morning at 5am PT. Yoga is conducted everyday online for free at 5am PT.



## Social Media Enriching

4 new post was created in FB, Instagram & Twitter – Reaching out with messages & teachings of HDH. These photos reached 110 people on Facebook. 8 pictures edited today.



# Offering Gratitude at the feet of HDH



Offering gratitude at the lotus feet of HDH Nithyananda Paramashivam for empowering us by giving the opportunities to grow and expand.

Dhanyavadaha