

power of will praceanas

changing the taste
of solids for yourself
(sweet to salt, salt to sweet, bitter to sour)

with supreme pontiff of hinduism jagatguru mahasannidhanam hdh bhagavan nithyananda paramashivam





setting up

1. camera with timestamp



2. jnana anjana



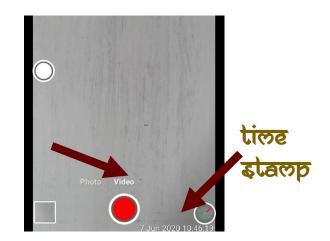
3. any solid food



take a few moments to set up your camera



- 1. download timestamp app
- 2. click on "video"
- 3. ensure that time is shown on screen



- 4. make sure the camera is facing you.
 - please take a few minutes to set it up.



guidelines

- 1. start: turn on the video recording.
- 2. put jnana anjana between your brows (if you have). if not, it's ok.
- 3. visualize swamiji and bring awareness in between your brows.
- 4. gaze intensely at the object in front of you without touching.
- 5. through the power of will change the taste of the solid food. the taste should go from sweet to salty, salty to sweet, bitter to sour, or neutral to any one of the above. manifest.
- 6. **verify**: share your video with others and listen to others experience of manifestation.







verification process

- verify that no video editing is done on sakshi pramana videos.
- 2. make sure video is not stopped and restarted in the process of manifestation.
- 3. make sure all videos are verified with timestamp.
- 4. all videos should have a wide angle view.
- 5. make sure to not touch object during power manifestation.
- 6. make sure you do not tamper with the liquid or solid in front of you by adding sugar or salt in them.

