



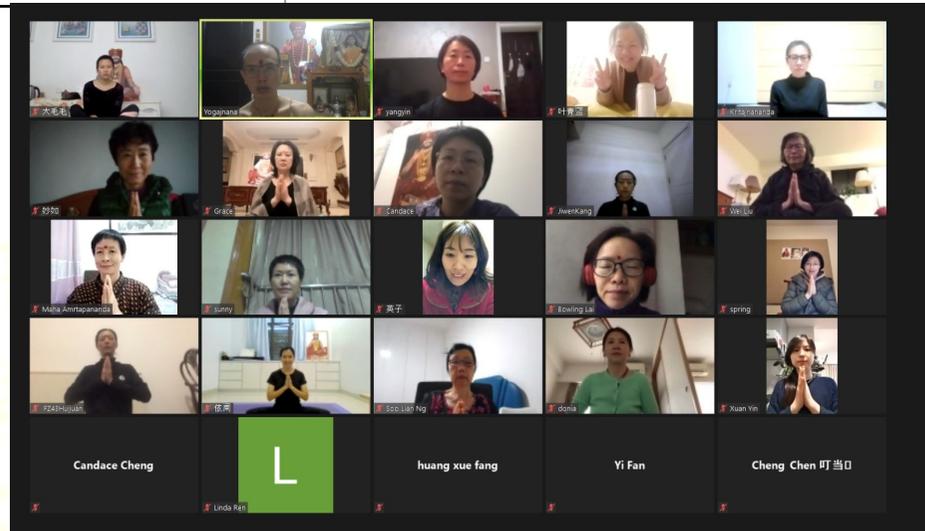
इंगapore डारवाजपेथा

pranams to the
इपरेलए pontiff of हिंदुांडल,
जगतगुरु महाराजानंदहारा,
हिंड रीवने होलनेडड
bhagavan nithyananda paramashivam.
thiंड इड ला न्थ्या रुरगानंदा,
रन बेहॉल ऑ कालडा इन इंगapore,
इंड ऑररररर न्थ्या इलवेडशा पत्ररका,
वेवरे 6th jan 2021



naithyananda yoga : prathamā vinyasa kramā @ 5-7 bā

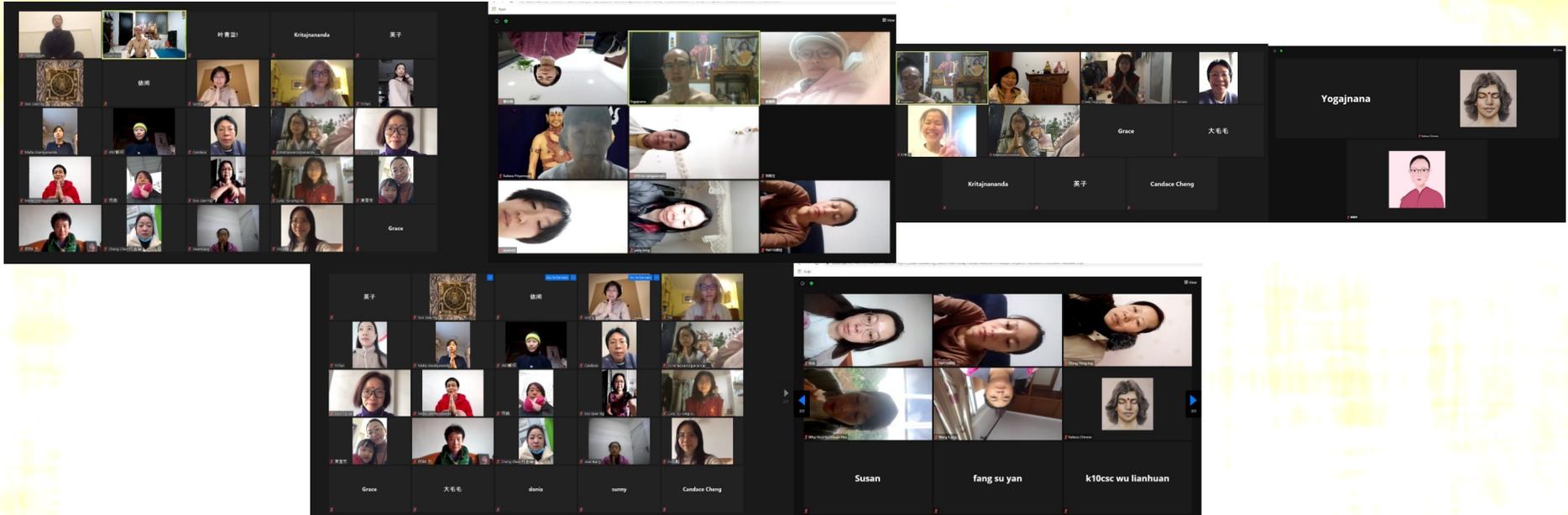
total livez	25 (yoga)
tonduvete by	ḍrāṅ naithya yogajñānānanda





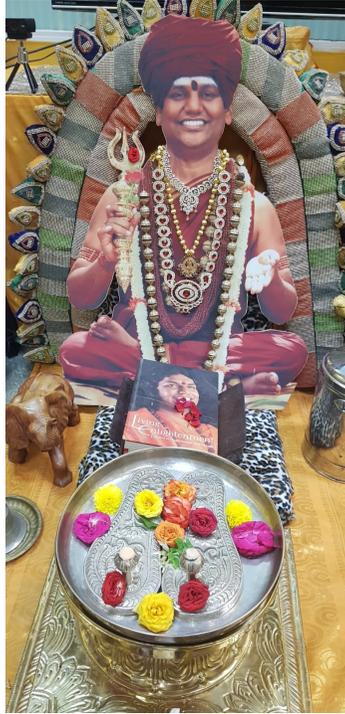
naithyanahanda yugam : 2) yugam ipulavad davadanug @ 7-8 varam
 3) naithyam pranam & dhanam pranam @ 8-9 varam

total lives	51 (davadanug), 12 (pranam)
tanuvattal by	danai naithyam yugajnanahanda





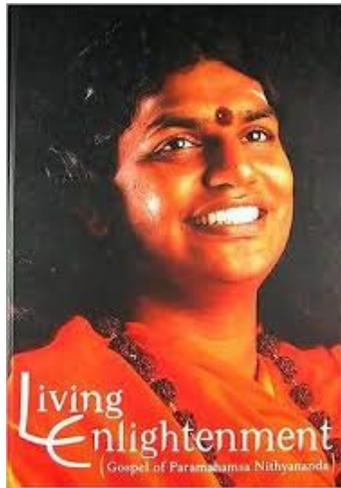
temple devas : today's offerings -
suprabathal, paduka puja, naivedyal puja &
jnanaalaya puja by la phyllis, palliyarai by dean neoh





online living enlightenment series : wednesday @ 7 pm topic - 'intensity is the unfailing way'

total lives	6
conducted by	lab vargus





in deep gratitude to
our beloved bhagavan

nityananda!