

MUDRĀS - THE SIGN LANGUAGE OF HINDUISM



ON INTERNATIONAL DAY OF SIGN LANGUAGE - 2021





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KAILASA celebrates the International Day of Sign Languages (23 September 2021) by paying tribute to the glorious heritage of Sanatana Hindu Dharma which is a testament to the boundless capacity of the arts and humanities that shape and reshape our views of expression, freedom, and inclusivity through the Hindu Sign Language of 'Mudrās', and initiations for communion through silence.

As language became more creative and inventive, dictum and syntax governing its use became the norm. Parallel to this, religious feats designed to resonate and span the depth of the human experience to commune with the Divine were also developed. The science of the Hindu sign language of Mudrās (a Sanskrit word meaning 'seal') is the scientific synthesis built-on somatosensory language coupled with the art of ontological kinesiology.

Every position assumed and every gesture performed by a body makes its imprint or seal on ether, and sends forth a continuous stream of vibrations that impress the atmosphere. The effectiveness of which is directly dependent on the deliberate and intended positioning of the body or parts of the body. Such a harmonious adaptation of varying hand positions is the Vedic science of Mudrās.

महामुद्रा नभोमुद्रा ओड्याणम् च जलन्धरम्
मुलाभन्दं च यो वेत्ति स योगी मुखित-भाजनम्

mahāMudrā nabhoMudrā oḍyāṇam ca jalandharam
mulābhandaṃ ca yo vetti sa yogī mukhti-bhājanam

*A Yogi who gains knowledge of MahaMudrā, NabhoMudrā, Uddiyana, Jalandhara
and Mulbhanda does qualify for mukhti*

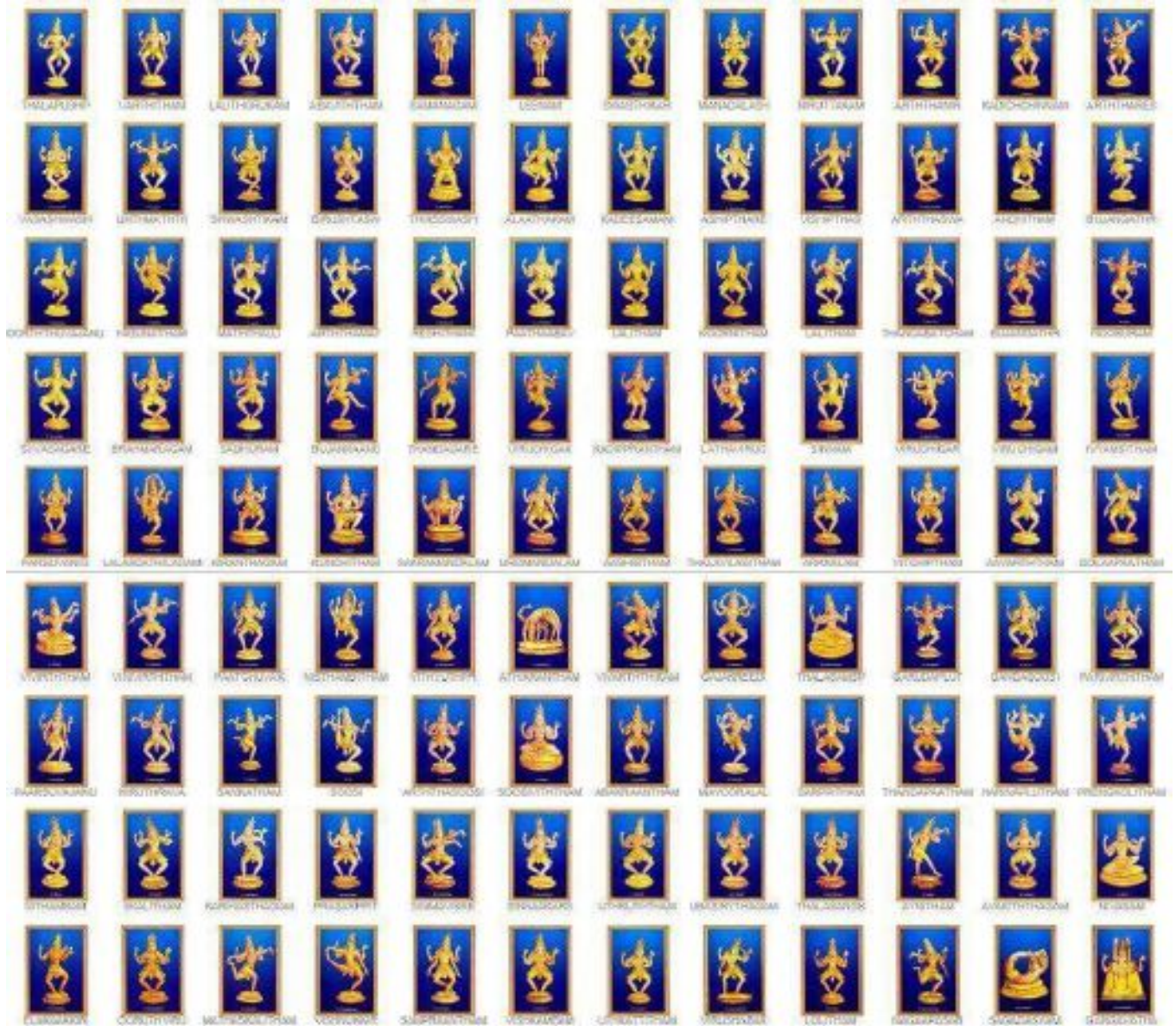
Yogacudamany Upanishad 1.43

Mudrās are a scientifically designed positioning of fingers (occasionally including the tongue and limbs) in a certain way to seal prana shakti (life force energy and conscious sovereignty) into our body, a way of aligning to the cosmic geometry. Mudrās are a way to retain and stimulate the flow of prana shakti inside us. One enacts Mudrās in every action, every moment of every day. Mudrās symbolise our underlying mental and physical condition owing to the various energy patterns within the being. If not for these Mudrās, the prana shakti is dissipated through one's body into the external world which is responsible for the feeling of tiredness, confusion and powerlessness that humanity suffers globally today. Mudrās are not mere hand gestures but psycho-physical processes, which alleviate one to higher states of consciousness. Mudrās have been



crafted with extraordinary precision and the highest cognitions for the benefit of the whole of humanity as a result of which people with Auditory Processing Disorder (APD) or similar hearing impairment as well as those with speaking disabilities do not cognise their disorder as an impediment in connecting to the higher frequencies as a way of life.

Hinduism has evolved the communion with the Divine in multifarious ways such as puja, homas, initiations, yoga, mantras, power manifestation, etc. the sign language of Mudrās is a unique way through which anyone can communicate and manifest the Divine space. The Vedagamas reveal the layers of benefits that can result from integrated practice of Mudrās ranging from health to longevity to mental focus awakening the subtle grooves of the brain responsible for higher emotions such as devotion and gratitude to bloom, to the ultimate experience of transcending limited cognitions one carry as human beings by living and radiating the State, Space, Powers, Being, Superconsciousness and KAILASA of Paramashiva. Authentic yoga, rituals, art forms and religious performances in Hinduism are built on the Hindu Sign Language of Mudrās since time immemorial by encompassing its multifaceted dimensions.



Depiction of Paramashiva as the divine cosmic dancer, Nataraja performing the 108 sacred poses with Mudrās



MUDRĀS IN TRADITIONAL HINDU DANCE FORMS

The gestural vocabulary of Mudrās are expressed in traditional Hindu dances such as Bharatanatyam, Kuchipudi, etc and narrative performances (along with intense and passionate expressions) to ignite one's visualisation of the Divine or the dancer's state—in a moment of symbolism and expression. Mudrās also connect people and performers to higher truths that unlocks spiritual sentiments that other forms of prayer and worship do not. Mudrās have been used in Natya (Theatre) as well for centuries and have become an integral part of a larger culture through time.



Rudrakanyas of the Sovereign Order of KAILASA, use the Hindu Sign Language, Mudrās to express the divine consciousness



MUDRĀS IN AUTHENTIC YOGA

Nithyananda Yoga is the rarest compilation of yogic Scriptures from all the Sampradayas in the Sanatana Hindu Dharma's Veda- Agamic Tradition as per the Paramashiva to manifest yogic powers (Shaktis). Prathama Vinyasa Krama is a carefully structured multi-faceted framework in which Mudrās are one of the eleven components that are used to awaken the Kundalini Shakti and unite the individual consciousness with the Cosmic consciousness and empower humanity to express superconscious powers of Paramashiva. Furthermore, Mudrās are commonly used in meditation and breathing techniques allowing one to connect with different dimensions of their health and spiritual being.



The Nithyananda Yogis of the Sovereign Order of KAILASA facilitate the flow of cosmic energy through the body using Mudrās



MUDRĀS IN VEDIC RITUALS

Mudrās are a collection of methodically extracted gestures which symbolize Divine manifestation. They are used by Hindus globally in various vedic rituals to invoke transcendental power that generates the force to invoke different deities in Hinduism.



Mudrās are used to cleanse and invoke the respective divine consciousness in the acharya (the individual performing the ritual) before commencing the Vedic Rituals



KAILASA's eN-PREGNANCY INITIATIVE, NEWBORN BABIES DEMONSTRATING MUDRĀS

KAILASA's eN Pregnancy is a perfect blend of ancient Vedic practices backed by modern scientific authentication that includes practices to ensure a healthy pregnancy outcome creating a 'New Gen' of enlightened human beings who are born demonstrating Hindu divine sign language - Mudrās. These babies that are born through eN Pregnancy initiative demonstrate yogic Mudrās such as "Chin Mudrā" are proven to manifest extraordinary health, immunity, good weight and grow with high IQ (intelligence quotient), EQ (emotional quotient) and SQ (spiritual quotient).



Babies born through the process of Conscious Birthing are seen demonstrating the Chin Mudrā



INITIATION FOR COMMUNION THROUGH SILENCE

Ancient Hindu Vedic history is a galore of elaborate chronicles of the correspondence between Guru and a disciple through initiation- expression of knowledge transfer through absolute silence. Adi Guru Dakshinamurthy, a form of Paramashiva is the personification of cosmic wisdom and knowledge who teaches through the subtlest form of speech- a sound which is beyond the physical hearing and divine speech inaudible to worldly ears and resides inside the recesses of silence.

What I experienced with Arunagiri Yogishwara, I want all of you to experience that. I did not have a structured class with Him. If He talks 10 words to me, 10 terabytes of material will be downloaded into My brain. It was such a spontaneous transmission.

KAILASA has conducted various innovative initiatives to give a superconscious breakthrough to the students of deaf and mute schools:

Communities around the world with hearing and speech impairment develop or adapt to any one of the 26 sign languages such as American Sign Language (ASL) British, Australian and New Zealand Sign Language (BANZSL), Chinese Sign Language (CSL) etc, as the only means of communication.

KAILASA's Department of Enlightened Civilization introduced the science of third eye awakening through initiation in several deaf and mute institutions in Gujarat. Through my initiations, the awakened third eye can play the role of any of the senses, depending on which part of the brain is activated during the process. So we can hear with the ears closed, simply by activating the parts of the brain involved with hearing. The science of third eye awakening was scientifically demonstrated through FMRI and PET scans. The kids from the deaf and mute institutions were successfully able to repeat the sacred sounds after the initiation.

The 2021 theme, declared by the World Federation of the Deaf, is "We Sign For Human Rights," highlighting the contributions of Sanatana Hindu Dharma that has turned universally shared emotions and experiences of suffering, joy, passion, pain, faith, injustice, love and deeper sentiments of the intellect through the Hindu sign language of Mudrās and sacred initiations of third eye awakening.

Let us bring together people of all backgrounds to enjoy the process of visual communication and its healing benefits irrespective of race, gender, geography and religion in reclaiming conscious sovereignty through Hindu sciences. The Hindu sign language of Mudrās exemplifies the creative spirit at the heart of the Hindu identity and is among the most innovative and powerful art forms the world has ever known.



Individuals with speech and hearing impairment were initiated into the Science of Third Eye awakening demonstrating increased awareness, ability to cope with problems, and overall emotional stability.



The SPH Nithyananda Paramashivam seen here demonstrating the Chin Mudrā



The SPH Nithyananda Paramashivam enacts the Apana Mudrā.

Spontaneously transferring superconscious energy while miraculously healing diseases, transmitting intellectual clicks, mystical experiences and the wiping out of lifetimes of karmas in a matter of minutes to millions worldwide while in a meditative pose in the sanctum sanctorum in Adi KAILASA Nithyananda Sarvajanpeetha, India, Headquarters of KAILASA - The Ancient Enlightened Civilizational Nation.

The SPH Nithyananda Paramashivam has digitally encapsulated this experience for the benefit of Humanity and breathed superconscious powers into hundreds of these videos on YouTube and other digital video platforms in the name of 'Oneness Capsules'. Just by watching these videos, one acquires the same experience as receiving it live, in-person!

To get a live experience of this Darshan, click the link below

 [Paramashivoham Oneness Capsule - 2](#)



The SPH Nithyananda Paramashivam performs a number of powerful Mudrās such as Apana, Gyana, Nataraja and Mrigi Mudrā initiating millions worldwide through digital platforms while performing Nṛtya during Nataraja Bhava Samadhi Darshan.

*For more Nataraja darshan pictures, click the link below
https://nithyanandapedia.org/wiki/April_14_2020*

