

# Everyday Temple Activities

## Kailasa Seattle

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December 29 2020



## Offering Gratitude at the feet of HDH

Nithyanandam!

This is Hariharan & Nandhini presenting the Nithya Sandesha Patrika, at the feet of the Supreme Pontiff of Hinduism Jagadguru Mahasannidhanam HDH Bhagavan Nithyananda Paramashivam, along with the department leads from Seattle Sarvajnapeetam – Nithyanandeshwara Hindu Temple and Consciousness Studies & Practices

Bowing down at your lotus feet Swamiji!



## Kailasa Seattle – Garbha Mandir Activities



### Morning Suprabatham

Sacred process of waking up the deities



### Pratyaksha Pada Puja

Offering gratitude to HDH Nithyananda Paramashivam

Offered in the evening

### Naivedhyam

Morning - Offered to Moolavar

Evening – Offered to Swamiji & Moolavar



### Paliare

Sacred process of putting the deities to sleep

Today's activities were performed by Sri Priyabhakta, Ma Kalpana & Bharath



## Kailasa Seattle – ARUDRA DARSHAN



- Kailasa Seattle celebrated the most auspicious festival of Arudra Darshan
- Abhishekam and Alankaram was offered to Sri Ananda Nataraja, Sivagama Sundari Devi, Sri Nithyananda Paramashivam and Moolavar
- Abhishekam and Alankaram was also performed to Spatika Linga & bhoga murthies of Devi, Meru & HDH.
- Dhoopam, Dheepam, Naivedhyam & Aaratrikam was also offered
- Ananda thandava of Nataraja was celebrated and a special procession of Nataraja around the temple

Today's activities were performed by Hariharan, Nandhini, Sri Priyabhakta, Sunitha, Rani, Suresh, Varun, Daniella, Shivani, Kalpana, Parantapa & Sairam



## Kailasa Seattle – Celebrations



### Nithyananda Jayanthi Brahmotsavam



Dhoopam



Dheepam



Naivedhyam



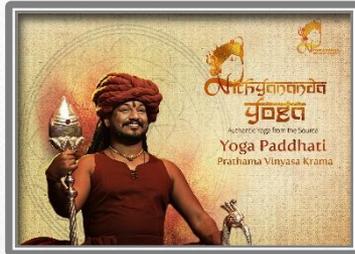
Aaratrikam

Offered to: HDH Nithyananda Paramashivam

Today's activities were performed by Sri Priyabhaktananda



## Kailasa Seattle – Enriching Activities



### Nithyananda Yoga

Consciousness Studies & Practices, conducted online yoga in the morning at 5am PT. Yoga is conducted everyday online for free at 5am PT.



### Social Media Enriching

47 new posts were created in FB, Instagram & Twitter – Reaching out with messages & teachings of HDH. These photos reached 6000 people on Facebook. 47 pictures were edited today



### Nithya Dhyam Meditation

Consciousness Studies & Practices, conducted online Nithya Dhyam Meditation in the evening at 7pm PT. Meditation is conducted thrice a week (Tue, Wed & Thu) online for free at 7pm PT.

Today's activities were performed by Ma Daniella, Ma Nandhini & Sivakumar



## Offering Gratitude at the feet of HDH

Offering gratitude at the lotus feet of HDH Nithyananda Paramashivam for empowering us by giving the opportunities to grow and expand.

Dhanyavadaha