



HDH NITHYANANDA
PARAMASHIVAM



Everyday Temple Activities

Kailasa Seattle

December 17 2020



Offering Gratitude at the feet of HDH



Nithyanandam!

This is Hariharan Karur Subramanian presenting the Nithya Sandesha Patrika, at the feet of the Supreme Pontiff of Hinduism Jagadguru Mahasannidhanam HDH Bhagavan Nithyananda Paramashivam, along with the department leads from Seattle Sarvajnapeetam – Nithyanandeshwara Hindu Temple and Consciousness Studies & Practices

Bowing down at your lotus feet Swamiji!



Kailasa Seattle – Garbha Mandir Activities



Morning Suprabatham

Sacred process of
waking up the
deities



Naivedhyam

Morning - Offered
to Moolavar

Evening – Offered
to Swamiji &
Moolavar



Palliare

Sacred process of
putting the deities
to sleep

Today's activities were performed by Ma Priyabhaktananda



Kailasa Seattle – Enriching Activities



Nithyananda Yoga

Consciousness Studies & Practices, conducted online yoga in the morning at 5am PT. Yoga is conducted everyday online for free at 5am PT.



Social Media Enriching

2 new post was created in FB, Instagram & Twitter – Reaching out with messages & teachings of HDH. These photos reached 75 people on Facebook. 2 pictures were edited today



Nithya Dhyan Meditation

Consciousness Studies & Practices, conducted online Nithya Dhyan Meditation in the evening at 7pm PT. Meditation is conducted thrice a week (Tue, Wed & Thu) online for free at 7pm PT.

Today's activities were performed by Ma Daniella, Ma Nandhini & Bharath



Offering Gratitude at the feet of HDH



Offering gratitude at the lotus feet of HDH Nithyananda Paramashivam for empowering us by giving the opportunities to grow and expand.

Dhanyavadaha