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power of will

pramanas

decreasing the temperature of liquids  
for others

with supreme pontiff of hinduism  
jagadguru mahasannidhanam  
hsh bhagavan nithyananda paramashivam

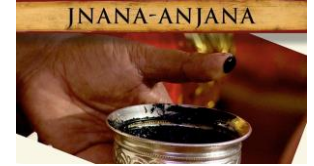


# इष्टांग यप

1. तालरा with तिलेस्तम्भ



2. ज्ञाना अज्ञाना



3. अथ गुण्डरु र्क बतुल र्क लिंगांत  
(water, इतुप, ज्वांत, एत)



4. रांगुंतल तठकांगु थेरललएर

# take a few moments to set up your dalara



1. download tilastala app
2. click on "video"
3. ensure that tila is shown on screen



4. make sure the dalara is facing you.

- please take a few minutes to set it up.

# गुणवंदीनेइ



1. **इकारतः** turn on the video recording.
2. put jnana anjana between your brows (if you have). if not, it's ok.
3. visualize इवालजि and bring awareness in between your brows.
4. have a partner bring any liquid and put it in front of you.
5. have partner take the temperature of the liquid in front of you.
6. gaze intensely at the object in front of you without touching.
7. through the power of will decrease the temperature of the liquid for others. **लानिदिइ.**
8. retake temperature of the liquid.
9. **वरानिदिइ**: इहारे your video with others and listen to others experient of laniifestation.

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## Verification protocols

1. verify that no video editing is done on lakshmi pralamb videos.
2. lakshmi pralamb video is not stopped and restarted in the protocols of verification.
3. lakshmi pralamb all videos are verified with timestamp.
4. all videos should have a wide angle view.
5. lakshmi pralamb to not touch object during power verification.
6. lakshmi pralamb you do not talk with the liquid or solid in front of you by heating the container in microwave or putting it under to cool the container.