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power of will

pramanas

changing the taste
of solids for others
(sweet to salt, salt to sweet, bitter
to sour)

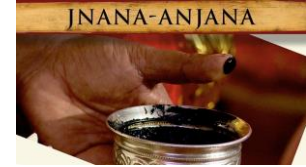
with supreme pontiff of hinduism
jagadguru mahasannidhanam
hsh bhagavan nithyananda paramashivam

इत्तिंग यप



1. टालेरा with तिनेडतलप

2. ज्नान वान्जान



3. व पारनेर

4. वानु डोलिं तिठ



take a few moments to set up your dalara



1. download the dalara app
2. click on "video"
3. ensure that the dalara is shown on the screen



4. ensure the dalara is facing you.

- please take a few minutes to set it up.

गुणवंदीनेइ



1. **इकारतः** turn on the video recording.
2. put jhana anjana between your brows (if you have). if not, it's ok.
3. visualize इवालजि and bring awareness in between your brows.
4. get a partner and have them put solid food in front of themselfs.
5. gaze intensely at the object in front of them without touching.
6. through the power of will change the taste of the solid food. the taste should go from sweet to salty, salty to sweet, bitter to sour, or neutral to any one of the above. **लानादिइतः**.
7. have partner confirm the change in taste.
8. **वरानिडि**: share your video with others and listen to others experience of लानिडिडतानि.



Verification protocols

1. verify that no video editing is done on इकशिं प्रलम्ब वीडेड.
2. लके डुरे वीडेड इ नो डोप्पेड अन् रेस्टारटेड इन् थे प्रोटोड ऑ लकनररररररर.
3. लके डुरे अल वीडेड अरे वररररररर वररररररर.
4. अल वीडेड डेहोल्ड हवे अ वररर अन्गुले वरर.
5. लके डुरे तो नो टूच ऑजेक्ट डुररररर रुररर लकनररररररर.
6. लके डुरे रुरर रर नो ललररर वरररर रर वरररर रर डोल्ड इन् रररर ऑ रुरर डुरररर डुरररर रर डोल्ड इन् थेरल.