## Combating Mental Health and Behavioural Conditions through Global Programs - Nithyanandoham

By the authority vested in me as The Supreme Pontiff of Hinduism and the Head of State of KAILASA, The Living Representative of Paramashiva, by the Constitution and the laws of Sanatana Hindu Dharma as ordained by Paramashiva in Vedas and Agamas, it is hereby ordered as follows:

**Section 1. Establishment and Membership.** Hereby Kailasa is establishing the Nithyanandaoham Commission. The Commission's membership shall be composed of not more than ten members, appointed by the Supreme Pontiff, including members of the Sovereign Order of Kailasa, representatives from the ShriKailasa Uniting Nations for Mental Health and Development and Department of Health. The Supreme Pontiff shall designate a Chair from among the ten members of the Commission appointed by the Supreme Pontiff.

**Sec 2. Mission.** The Commission recognises the surge in poor health and behavioural conditions and aims to provide solutions through ancient Vedic techniques for the wellbeing of humanity.

These ancient Vedic techniques are time-tested, most authentic and specially designed to awaken the inner potential energy as described in Vijñāna Bhairava Tantra, sutra 109, Dharana 83.

सर्वज्ञह् सर्वकर्ता च व्यापकः परमेश्वरः | स एवाहं शैवधर्मा इति दार्ढ्यादभेवेच्छिवः || १०९

sarvajñah sarvakartā ca vyāpakaḥ parameśvaraḥ | sa evāhaṃ śaivadharmā iti dārḍhyādbhevecchivaḥ || 109 ||

The supreme Lord, who is omnipresent, omniscient and omnipotent, verily, I am he and I have the same shivanature. Contemplating thus with firm conviction, onebecomes Shiva.

In carrying out its mission, the Commission shall:

a) Develop empowering sessions to educate Hindus on the science of awakening the God Particle through Spiritual program such as Nithyanandoham.

- b) The Department of Health in coordination with ShriKailasa Uniting Nation for Mental Health and Development shall organise spiritual counselling workshops to enrich and educate the 2 Billion Hindus around the world about the importance of meditation and spirituals practises for the wellbeing of the Hindu with ShriKailasa Uniting Nations for Consciousness Studies and Practise.
- c) The Department of Education shall develop a manual for all inspired acharyas (teachers) to equip them with the right tools required to conduct the Nithyanandoham program for a wide range of interested participants
- d) The Department of Information and Broadcasting shall enrich and empower the 2 billion Hindus and all of humanity to participate in the Nithyanandoham by promoting the benefits of the program
- **Sec. 3. Principles.** In conducting its mission, the Commission shall adhere to the principles below:
  - a) The Commission shall focus on analyzing the workings of the mind and showing experientially how awakening the 3 components existing within each individual affects one's life
  - b) The Commission shall recognise the need for the lifestyle of Living Enlightenment which is an integral part of mental health care as per Hinduism.
- **Sec. 4. Commission Decision–making.** The Commission shall endeavour to make any decision on an action or determination under the direction of Veda–Agama principle, with integrity, which shall be deemed to exist where no Commission member objects to the proposed action or determination. The Commission shall work directly under the supervision of The Supreme Pontiff of Kailasa.
- **Sec. 5. General Provisions**. a. Nothing in this order shall be construed to impair or otherwise affect:
  - i. the authority granted by law to an executive department or agency, or the head thereof; or
  - ii. the functions of the Director of the Office of Management and Budget relating to budgetary, administrative, or legislative proposals.
- b. This order shall be implemented consistent with applicable law and subject to the availability of appropriations.
- c. This order is not intended to, and does not, create any right or benefit, substantive or procedural, enforceable at law or in equity by any party against KAILASA, its departments, agencies, or entities, its officers, volunteers, or any other person, or against any nation's integrity or laws.