

# Providing Support for all of the humans suffering from stress and boredom related conditions

By the authority vested in me as The Supreme Pontiff of Hinduism and the Head of State of KAILASA, The Living Representative of Paramashiva, by the Constitution and the laws of Sanatana Hindu Dharma as ordained by Paramashiva in Vedas and Agamas, it is hereby ordered as follows:

**Section 1. Purpose.** My administration and KAILASA is committed to creating a world with an intention to be established in superconsciousness strengthening the manifestation of superconsciousness in Hindus and the entire humanity. To support the manifestation of conscious intention and superconsciousness, various powerful Hindu detox process is declared in the Hindu tradition such as but not limited to:

1. Ahara - The Diet
2. Adhyayana - Shastra - Studying the scriptures and infusing powerful cognitions
3. Aradhana - Puja

In times of stress, loss of life and livelihood, the dual burdens of stress and boredom is a difficult combination because persistent stress leads to lack of focus and feeling scattered. My Administration aims to eradicate stress and boredom especially during the pandemic which has also exacerbated mental- and behavioural health conditions due to prolonged lockdown orders, lost employment, and social isolation. Rama Nirahara Samyama is an ancient Vedic Science revived to develop subtle brain grooves to grasp the Upanishads, mirroring the neurons of Bhagavan Sri Rama. Bhagavan Sri Rama diet based on only forest fruits while meditating on Paramashiva when received the Upanishad which are the first and foremost sacred texts, based on which an individuals' life should be aligned. Upanishads should be read, re-read, understood, digested, realized, lived, radiated, spread, and worshipped. Upanishads are the purest, the pristine pure Truths.

**Sec. 2. Policy.** The Rama Nirahara Samyama which is an integral part of the powerful detox process will directly lead each practising Hindu to experience their higher self as revealed in the Valmiki Ramayana 1st sargha, 7th shloka

फलमूलाशनैर्दान्तैश्चीरकृष्णाजिनाम्बरैः। सूर्यवैश्वानराभैश्च पुराणैर्मुनिभिर्वृतम्॥3.1.7॥  
phalamūlāśanairdāntaiścīrakṛṣṇājīnāambaraiḥ. sūryavaiśvānarābhaiśca  
purāṇairmunibhirvṛtam...1.7.

they were the ancient long-living sages clothed in bark and dark deerskin, who by living on fruits and roots, have gained control over themselves and their senses, and have glowing radiance like the sun or the fire.

It is the policy of KAILASA, to live and demonstrate these principles, especially during times when the stress and boredom related outcomes are induced or made worse by prolonged State and local COVID-19 shutdown orders. I am therefore issuing a national call to action to:

We are committed to facilitate the entire humanity in expanding and experiencing their higher identity through this Hindu technique of Rama Nirahara Samyama. I am therefore issuing a national call to action to

- (a) All seventeen nations of KAILASA - all Samrajyams (kingdoms), Samasthanas (spiritual kingdoms), all their branches, all the 1,500 de facto embassies of KAILASA and sixty-four Sovereign orders of KAILASA empowered with 10 million peacekeepers shall inspire all Hindus to;
  - (i) Integrate and follow the strict guidelines of Rama Nirahara Samyama such as
    - 1) Consuming forest fruits such as all raw organic fresh fruits, seasonal fruits.
    - 2) Intensely Practice Shiva Puja
    - 3) Follow this diet for 21 days
    - 4) Reading Upanishads for 21 days
- (b) Distribution of Shiva Puja the manual and distribute to all inspired Hindus
- (c) Organise the distribution of the 108 Upanishads to all Hindus registered for Rama Nirahara Samyama

### **Sec. 3. Membership and Establishment of a KAILASA's Rama Nirahara Samyama Group.**

The KAILASA's Rama Nirahara Samyama working group is established to create "A stress-free world". The working group will be co-chaired by the secretary of Dept. of Human Services, and secretary of the Department of Health. The Working group shall be composed of a representative from the Department of Ministry of Sovereign, the Department of Global Communication, Department of Agriculture and the Department of Environment and Animals, the Office of Management and Budget (OMB), and such representatives of other executive departments, agencies, and offices as the Co-Chairs may, from time to time, designate with the concurrence of the head

of the department, agency, or office concerned. All members of the Working Group shall be full-time, or permanent part-time, officers or subjects of the Federal Government of KAILASA.

**Sec. 4. Responsibilities of the Rama Nirahara Samyama Working Group.** Within one week of the date of this order, the Working Group shall develop and submit to the Supreme Pontiff a report that outlines a plan for service coordination between all relevant stakeholders and executive departments and agencies (agencies) to provide Hindus with the access to free and healthy food and free care to victims of calamities. This Working Group shall be responsible to collect and compile reports from all Samrajyams (kingdoms), Sarvajnanapeethams (spiritual kingdoms) and de facto embassies of KAILASA with complete statistics of the number of humans that have successfully finished the course.

**Sec. 5. General Provisions.** a. Nothing in this order shall be construed to impair or otherwise affect:

- i. the authority granted by law to an executive department or agency, or the head thereof; or
  - ii. the functions of the Director of the Office of Management and Budget relating to budgetary, administrative, or legislative proposals.
- b. This order shall be implemented consistent with applicable law and subject to the availability of appropriations.
- c. This order is not intended to, and does not, create any right or benefit, substantive or procedural, enforceable at law or in equity by any party against KAILASA, its departments, agencies, or entities, its officers, volunteers, or any other person, or against any nation's integrity or laws.