## Protecting the wellbeing of all Hindus and the entire humanity through Hindu detox process

By the authority vested in me as The Supreme Pontiff of Hinduism and the Head of State of KAILASA, The Living Representative of Paramashiva, by the Constitution and the laws of Sanatana Hindu Dharma as ordained by Paramashiva in Vedas and Agamas, it is hereby ordered as follows:

**Section 1. Purpose.** My administration and KAILASA recognizes the practice of being established in superconsciousness to strengthen the manifestation of superconsciousness through various powerful Hindu detox processes which provide support for the manifestation of conscious intention and superconsciousness. The three essential detox processes as declared in the Hindu Tradition are

- 1. Ahara The Diet
- 2. Adhyayana Shastra Studying the scriptures and infusing powerful cognitions
- 3. Aradhana Puja

The 3 'A' detox process has benefits extending to the wellbeing of all those who practice these traditional Hindu techniques to manifest conscious intention, a superconscious state, space, powers, being, enlightenment for the entire of humanity

During these conflicting times, the dual burdens of stress and boredom is a problematic combination because persistent stress creates inflammation and metabolic byproducts that cannot be as easily excreted which leads to lack of focus and feeling scattered. These toxins affect all aspects of physical and mental health including brain function. Krishna Nirahara Samyama is an ancient Vedic Science revived to develop subtle brain grooves to grasp the Bhagavad Gita, mirroring the neurons of Bhagavan Sri Krishna. Bhagavan Sri Krishna followed a dairy diet while meditating on Paramashiva when He delivered Gita. It is also a cleansing or purification technique designed to removes the toxins that impair physical organ function and affect mental well-being and cognitive function. Krishna Nirahara Samyama facilitates both psychological and physical wellbeing contributes towards an all-round well-balanced state of an individual.

**Sec. 2. Policy**. The Federal Government of KAILASA has created, maintained and expanded several humanitarian services providing the knowledge of detoxifying techniques such as but not limited to Krishna Nirahara Samyama which enables the well being of all its citizens, Hindus and the entire humanity. The Krishna Nirahara

Samyama is an integral part of the powerful detox process will directly lead each practising Hindu to experience their higher self as revealed in the Ayurveda nighantubhava prakasha ii adhikara – dugdha varga ii sutra 1 and 1

दुग्धं सुमधुरं स्निग्धं वातिपत्तहरं शीतं सात्म्यं सर्वशरीरिणाम् जीवनं बृंहणं बल्यं मेध्यं आयुष्यं रसायनम् dugdham sumadhuram snigdham vātapittaharam śītam sātmyam sarvaśarīriṇām jīvanam bṛṃhaṇam balyam medhyam āyuṣyam rasāyanam

Milk has the following qualities - sweetness stickiness or viscosity ability to remove vata and pitta coolness ability in making all beings to be grounded in their consciousness ability to give life nourishing quality ability to give strength ability to waken intelligence ability to increase longevity anti-aging properties

It is the policy of KAILASA, to live and demonstrate these principles, especially during times when the stress-related health conditions are induced or made worse by prolonged State and local COVID-19 shutdown orders. I am therefore issuing a national call to action to:

- (a) All seventeen nations of KAILASA all Samrajyams (kingdoms), Samasthanas (spiritual kingdoms), all their branches, all the 1,500 de facto embassies of KAILASA and sixty-four Sovereign orders of KAILASA empowered with 10 million peacekeepers shall inspire all Hindus to;
  - (i) Integrate and follow the strict guidelines of Krishna Nirahara Samyama such as
  - 1) Consuming all dairy products such as but not limited to Hindu nonviolent milk, butter, buttermilk, ghee, cottage cheese, yoghurt, cream
  - 2) Intensely practice Shiva Puja
  - 3) Follow the diet for 21 days
  - 4) Intensely read the Bhagavad Gita
- (b) Distribution of Shiva Puja manual to all inspired Hindus
- (c) Organise the distribution of the Bhagavad Gita to all Hindus registered for Krishna Nirahara Samyama

## Sec. 3. Membership and Establishment of a KAILASA's Krishna Nirahara Samyama Group.

The KAILASA's Krishna Nirahara Samyama working group is established to create "A toxin-free world". The working group will be co-chaired by the secretary of Dept. of Human Services, and secretary of the Department of Health. The Working group shall be composed of a representative from the Department of Ministry of Sovereign, the

Department of Global Communication, Department of Agriculture and the Department of Environment and Animals, the Office of Management and Budget (OMB), and such representatives of other executive departments, agencies, and offices as the Co-Chairs may, from time to time, designate with the concurrence of the head of the department, agency, or office concerned. All members of the Working Group shall be full-time, or permanent part-time, officers or subjects of the Federal Government of KAILASA.

Sec. 4. Responsibilities of the Krishna Nirahara Samyama Working Group. Within one week of the date of this order, the Working Group shall develop and submit to the Supreme Pontiff a report that outlines a plan for service coordination between all relevant stakeholders and executive departments and agencies (agencies) to provide Hindus with the knowledge and benefits of this Samyama. This Working Group shall be responsible to collect and compile reports from all Samrajyams (kingdoms), Sarvajnanapeethams (spiritual kingdoms) and de facto embassies of KAILASA with complete statistics of the number of humans that have successfully finished the course.

**Sec. 5. General Provisions**. a. Nothing in this order shall be construed to impair or otherwise affect:

- i. the authority granted by law to an executive department or agency, or the head thereof; or
- ii. the functions of the Director of the Office of Management and Budget relating to budgetary, administrative, or legislative proposals.
- b. This order shall be implemented consistent with applicable law and subject to the availability of appropriations.
- c. This order is not intended to, and does not, create any right or benefit, substantive or procedural, enforceable at law or in equity by any party against KAILASA, its departments, agencies, or entities, its officers, volunteers, or any other person, or against any nation's integrity or laws.