

# eN-Kriya (Kundalini Spurana) : Psychological Empowerment and Development of Global Hindus

By the authority vested in me as The Supreme Pontiff of Hinduism and the Head of State of KAILASA, The Living Representative of Paramashiva, by the Constitution and the laws of Sanatana Hindu Dharma as ordained by Paramashiva in Vedas and Agamas, it is hereby ordered as follows:

**Section 1. Establishment and Membership.** Hereby Kailasa is establishing the eN-Kriya (Kundalini Spurana) Commission. The Commission's membership shall be composed of not more than ten members, appointed by the Supreme Pontiff, including members of the Sovereign Order of Kailasa, representatives from the ShriKailasa Uniting Nations for Mental Health and Development and Department of Health. The Supreme Pontiff shall designate a Chair from among the ten members of the Commission appointed by the Supreme Pontiff.

**Sec. 2. Mission.** The mission of the Commission shall be to raise the quality of life of Hindus through psychological empowerment and development using the ancient techniques from Sanatana Dharma.

The Soundarya Lahari, Sloka No.10, reveals,

सुधाधारासारेस्छरनयुगलान्थर्विगलिथैहि  
प्रपन्छम् सिन्छन्थि पुनरपि रसाम्नायमहसह!  
अवाप्य स्वाम् भोओमिम् भुजगनिभमध्युस्तवलयम्  
स्वमाथ्मानम् क्रुत्वा स्wअपिस्हि कुलकुन्दे कुहरिनि!

sudhādhārāsāraischaranayugalāntharvigalithaihi  
prapancham sinchanthi punarapi rasāmnāyamahasaha!  
avāpya svām bhoomim bhujaganibhamadhyushtavalayam  
svamāthmānam kruthvā swapishi kulakunde kuharini!

Drenching the (seventy two thousand) nerves in the body with the flood of nectar gushing from Thy feet, Thou (the kundalini representing Thripurasundari) descendest from the Sahasrara into the hollow of Thy own ground at the lower end of the

Sushumna converting Thyself into a serpent with three coils and a half, and sleepest in the crevice in the centre of the moolaadhaara lotus.

In carrying out its mission, the Commission shall:

- a) Develop empowering sessions to educate Hindus on the science of eN-Kriya (Kundalini Spurana).
- b) Outline a plan to offer the 42-minute process of eN-Kriya (Kundalini Spurana) involving intense pranayama (breathing techniques), mudras (yogic hand gestures), asanas (yoga poses) and meditations to each Hindu.
- c) Increase the availability of educational measures on the importance of eN-Kriya (Kundalini Spurana) in promoting mental and emotional health.
- d) Identify innovative digital services and technologies to spread the science of eN-Kriya (Kundalini Spurana).
- e) In strict compliance with the - all knowledge is free - clause of Paramashiva economic policy - laid down in the Veda Agamas, all eN-Kriya (Kundalini Spurana) services will be absolutely free of charge. The citizens and beneficiaries would be free to offer any amount in donation or none based on their free will.

**Sec. 3. Principles.** In conducting its mission, the Commission shall adhere to the principles below:

- a) The Commission shall focus on individual transformation that will lead to increased consciousness.
- b) The Commission shall recognise and attribute this science to Natha parampara (tradition) Gurus like Gorakhanatha, Matsyendranatha, Swami Sathyananda Saraswati and ever-living Gurus like Mahavatar Babaji.

**Sec. 4. Commission Decision-making.** The Commission shall endeavour to make any decision on an action or determination under the direction of Veda-Agama principle, with integrity, which shall be deemed to exist where no Commission member objects to the proposed action or determination. The Commission shall work directly under the supervision of The Supreme Pontiff of Kailasa.

**Sec. 5. General Provisions.** a. Nothing in this order shall be construed to impair or otherwise affect:

- i. the authority granted by law to an executive department or agency, or the head thereof; or
- ii. the functions of the Director of the Office of Management and Budget relating to budgetary, administrative, or legislative proposals.

- b. This order shall be implemented consistent with applicable law and subject to the availability of appropriations.
- c. This order is not intended to, and does not, create any right or benefit, substantive or procedural, enforceable at law or in equity by any party against KAILASA, its departments, agencies, or entities, its officers, volunteers, or any other person, or against any nation's integrity or laws.