

Nithyananda Yogam : KAILASA's Unified Strategic to Building Better Mental Health

By the authority vested in me as The Supreme Pontiff of Hinduism and the Head of State of KAILASA, The Living Representative of Paramashiva, by the Constitution and the laws of Sanatana Hindu Dharma as ordained by Paramashiva in Vedas and Agamas, it is hereby ordered as follows:

Section 1. Establishment and Membership. Kailasa is establishing the NNithyananda Yogam Commission. The group members are composed of not more than twenty five members, appointed by the Supreme Pontiff, including members of the Sovereign Order of Kailasa, representatives from the Sri Kailasa Uniting Nations for Mental Health and Development and Ministry of Sovereign. The Supreme Pontiff shall designate a Chair from among the twenty five members of the Commission appointed by the Supreme Pontiff.

Sec. 2. Mission. The mission of the Commission shall be to advocate and promote the chemistry of the Guru-Disciple relationship where the simple obedience and love for the Guru (the representative of Paramashiva) can elevate one to the highest mental state and bliss.

The sacred scripture - mahānirvaṇtantram, trayodaśa ullāsa, reveals:

अदाशिव उवाच यो यदेवप्रतिकृडं प्रतिष्ठापयति प्रिये |
स तल्लोकम्वाप्नोति भोगानपि तदुद्भवान् ||
इषकागृहदाने तु तस्माच्छहतगुणं फलम् |
ततोऽयुतगुणं पुणम् शिलगृहप्रदानतः || २५ ||

adāśiva uvāca yo yadevapratikṛim pratiṣhāpayati priye |
sa tallokamvāpnoti bhogānapi tadudbhavān ||
iṣakāgrādāne tu tasmāchhtaguṇam phalam |
tato'yutaguṇam puṇam śilagrhapradānataḥ || 25 ||

Lord Śri Sadāśiva said: O Dear Devi! The person who does the pratiṣṭhā, which is the science of breathing life into matter and making it a specific Deity (living form of Divine), he attains the abode of that very Deity and experiences the enjoyment of that abode. By donating a temple made of bricks, one resides in the heavenly abode for thousand crore years multiplied by a hundred times. By donating a temple made of stones, one attains the divine merit (puṇya) which is ten thousand times more.

In carrying out its mission, the Commission shall:

- a) Develop empowering sessions to educate Hindus on the science of Nithyananda Yogam.
- b) Outline a plan to offer the science of Nithyananda Yogam through specialised programs for Hindus, especially the responsible Hindus who are directly contributing to the revival of Sanatana Dharma to its original glory.
- c) Increase the availability of educational measures on the importance of Nithyananda Yogam in promoting mental health.
- d) Identify innovative digital services and technologies to spread the science of Nithya Dhyana Spurana.
- e) In strict compliance with the - all knowledge is free - clause of - Paramashiva economic policy - laid down in the Veda Agamas, all Nithya Dhyana Spurana services will be free of charge. The citizens and beneficiaries can offer any donation amount based on their free will.

Sec. 3. Principles. In conducting its mission, the Commission shall adhere to the principles below:

- a) The Commission shall focus on developing and supporting a space of deep love and devotion to the Master, the representative of Paramashiva, in a casual setting.
- b) The Commission shall ensure the Hindus are first exposed and led to experience the science of Inner Awakening before exploring the science of Nithyananda Yogam to enable them to reap the maximum benefits.
- c) The Commission shall recognize the uniqueness of the science in making Hindus experience a glimpse of the mystical yet divine experience I had with my Guru, Arunagiri Yogeswhara (an incarnation of Paramashiva).

Sec. 4. Commission Decision-making. The Commission shall endeavor to decide on an action or determination under the direction of the Veda-Agama principle, with integrity, which shall exist where no Commission member objects to the proposed action or determination. The Commission shall work directly under the supervision of The Supreme Pontiff of Kailasa.

Sec. 5. General Provisions. a. Nothing in this order shall be construed to impair or otherwise affect:

- i. the authority granted by law to an executive department or agency, or the head thereof; or

- ii. The Director of the Office of Management and Budget functions relating to budgetary, administrative, or legislative proposals.
- b. This order shall be implemented consistent with applicable law and subject to the availability of appropriations.
- c. This order is not intended to, and does not, create any right or benefit, substantive or procedural, enforceable at law or in equity by any party against KAILASA, its departments, agencies, or entities, its officers, volunteers, or any other person, or against any nation's integrity or laws.