

Ananda Yoga : Recognising Subjective Well-being as the Fundamental Right of Every Individual

By the authority vested in me as The Supreme Pontiff of Hinduism and the Head of State of KAILASA, The Living Representative of Paramashiva, by the Constitution and the laws of Sanatana Hindu Dharma as ordained by Paramashiva in Vedas and Agamas, it is hereby ordered as follows:

Section 1. Establishment and Membership. Hereby Kailasa is establishing the Ananda Yoga Commission. The Commission's membership shall be composed of not more than twelve members, appointed by the Supreme Pontiff, including members of the Sovereign Order of Kailasa, representatives from the ShriKailasa Uniting Nations for Mental Health and Development and Department of Health. The Supreme Pontiff shall designate a Chair from among the twelve members of the Commission appointed by the Supreme Pontiff.

Sec. 2. Mission. The mission of the Commission shall be to promote the subjective well-being of humanity to improve the quality of life on earth. The Vijñāna Bhairava Tantra, Sutra 104, dharāṇa 81, reveals,

विहाय निजदेहास्थां सर्वत्रास्मीति भावयन् ।
दृढेन मनसा दृष्ट्या नान्येक्षिण्या सुखी भवेत् ॥ १०४ ॥

vihāya nijadehāsthāṃ sarvatrāsmīti bhāvayan ।
dṛḍhena manasā dṛṣṭyā nānyekṣiṇyā sukhī bhavet ॥ 104 ॥

As per the natural flow of Consciousness (cit dharmā), in all the bodies, the Consciousness is undifferentiated, there exists no differentiation or specificity (in nature, quality or attributes) in the Consciousness. In this way, when one places his awareness and is absorbed in the Consciousness existing in all the Beings, he wins the dualistic worldly existence and realizes the non-dual Oneness in all Beings.

In carrying out its mission, the Commission shall:

- a) Develop empowering sessions to educate Hindus on the science of Ananda Yoga.

- b) Outline a plan to offer meditation techniques suited to a wider range of people to enable them to integrate Hindu spirituality into their lifestyle.
- c) Increase the availability of educational measures on the importance of Ananda Yoga in promoting the subjective wellbeing and bliss of an individual.
- d) Identify innovative digital services and technologies to spread the science of Ananda Yoga.
- e) In strict compliance with the - all knowledge is free - clause of - Paramashiva economic policy - laid down in the Veda Agamas, all Ananda Yoga services will be absolutely free of charge. The citizens and beneficiaries would be free to offer any amount in donation or none based on their free will.

Sec. 3. Principles. In conducting its mission, the Commission shall adhere to the principles below:

- a) The Commission shall focus on enabling Hindus to experience bliss through yoga, the cosmic communion with the source of all existence.
- b) The Commission shall focus on providing introduction to a more fulfilling, stress-free and blissful way of life through this science.

Sec. 4. Commission Decision-making. The Commission shall endeavour to make any decision on an action or determination under the direction of Veda-Agama principle, with integrity, which shall be deemed to exist where no Commission member objects to the proposed action or determination. The Commission shall work directly under the supervision of The Supreme Pontiff of Kailasa.

Sec. 5. General Provisions. a. Nothing in this order shall be construed to impair or otherwise affect:

- i. the authority granted by law to an executive department or agency, or the head thereof; or
 - ii. the functions of the Director of the Office of Management and Budget relating to budgetary, administrative, or legislative proposals.
- b. This order shall be implemented consistent with applicable law and subject to the availability of appropriations.
- c. This order is not intended to, and does not, create any right or benefit, substantive or procedural, enforceable at law or in equity by any party against KAILASA, its departments, agencies, or entities, its officers, volunteers, or any other person, or against any nation's integrity or laws.