

Providing Hindus the Natural Remedy for Eradicating Unwarranted Anger to Ensure Mental Health and Emotional Well-being

By the authority vested in me as The Supreme Pontiff of Hinduism and the Head of State of KAILASA, The Living Representative of Paramashiva, by the Constitution and the laws of Sanatana Hindu Dharma as ordained by Paramashiva in Vedas and Agamas, it is hereby ordered as follows:

Section 1. Purpose. A 2010 study found that uncontrolled anger is bad for physical and emotional health. It can also quickly escalate to verbal or physical violence, harming internally and externally, but anger is a known symptom of several mental health conditions. The Mental Health Organization launched a report 'Boiling Point' about problem anger, stating, sixty-four percent say that the world is becoming an angrier place.

The physical signs and symptoms of anger include:

- increased blood pressure
- increased heart rate
- tingling sensation
- muscle tension

My administration and Kailasa is committing to contribute to the health and well being by promulgating the spread of the knowledge of alchemy to prepare the body for enlightenment and power manifestation to all the practising Hindus around the world, and lead them towards living a peaceful, anger free life. The mucus acquired in the body results in the inflammation of organs furthering a myriad of disorders. It is this internal inflammation responsible for the external bursting of unwarranted anger. Mucus free diet for a month will make all the Hindus experience powerful oneness in the knowledge level, in the shakti level i.e Power manifestation and the Buddhi level i.e the state, space, powers of Paramashiva.

Sec. 2. Policy. It is the policy of the Federal Government of Kailasa to advance the mental health and well being of all the Hindus to prevent, detect, and respond to anger issues and other anger-related problems. Promoting global health solutions to all the Hindus is a core tenet of Kailasa's national strategy for countering the novel anger

problem. Mucus free diet leads to an anger free life resulting in all the hindus becoming alive. I am therefore issuing a national call to action to:

(a) All seventeen nations of KAILASA - all Samrajyams (kingdoms), Samasthanas (spiritual kingdoms), all their branches, all the 1,500 de facto embassies of KAILASA and sixty four Sovereign orders of KAILASA empowered with 10 million peacekeepers shall:

- Implement a mucus free diet across all Samrajyams (kingdoms), Samasthanas (spiritual kingdoms), all their branches and all the 1,500 de facto embassies of KAILASA, where the diet comprises of only consuming fruits, vegetables and spinach. All Hindus shall avoid the consumption of grain or animal products during this diet, to experience the authentic transformation.
- Promote and encourage this powerful recipe to cleanse the mucus acquired in the body by all Hindus.
 - 5 pods of garlic
 - 1/2 TSP Jeera (Cumin seeds)
 - 1/4 TSP Turmeric powder
 - Boil all the ingredients in water, make a paste with the help of mortar and pestle. Consume this drink in the night.
- Increase awareness measures on the need of the mucus free diet as it contributes to multiple health benefits and strengthens the will, the oneness, the feeling connection with the Master, the representative of Paramashiva.

(b) Organize and facilitate the spread of the science of alchemistry in all digital platforms to virtually reach out to all the Hindus.

(c) The introduction, establishment, and spread of the mucus free diet can create the potential for resolving the anger issue, especially when considered in the context of mental health.

Sec. 3. Establishment of a Kailasa's Mucus Free Diet working group. Mucus Free Diet Group is hereby established to provide the science of alchemistry to eradicate unwarranted anger and introduce multiple health benefits. The Working Group will be co-chaired by the Secretary of Department of Health, or his designee, and the Secretary of Department of Human Services, or his designee. The Working Group shall be

composed of representatives from the Department of Ministry of Sovereign, the Department of Enlightened Civilization, the Department of Information Broadcasting, the Department of Religion and Worship, the Department of Global Communications, the Office of Management and Budget (OMB), and such representatives of other executive departments, agencies, and offices as the Co-Chairs may, from time to time, designate with the concurrence of the head of the department, agency, or office concerned. All members of the Working Group shall be full-time, or permanent part-time, officers or subjects of the Federal Government of Kailasa.

Sec. 4. Responsibilities of the KAILASA's Mucus Free Diet Working Group.

Within 24 hours of the date of this order, the Working Group shall develop and submit to the Supreme Pontiff a report that outlines a plan for service coordination between all relevant stakeholders and executive departments and agencies (agencies) to execute this order.

The Kailasa's Department of Health shall submit to the presidential executive office a weekly report on the progress of all the Hindus following the mucus free diet and their transformation.

Sec. 5. General Provisions. a. Nothing in this order shall be construed to impair or otherwise affect:

- i. the authority granted by law to an executive department or agency, or the head thereof; or
 - ii. the functions of the Director of the Office of Management and Budget relating to budgetary, administrative, or legislative proposals.
- b. This order shall be implemented consistent with applicable law and subject to the availability of appropriations.
- c. This order is not intended to, and does not, create any right or benefit, substantive or procedural, enforceable at law or in equity by any party against KAILASA, its departments, agencies, or entities, its officers, volunteers, or any other person, or against any nation's integrity or laws.