

By the authority vested in me as The Supreme Pontiff of Hinduism and the Head of State of Kailasa, The Living Representative of Paramashiva, by the Constitution and the laws of Sanatana Hindu Dharma as ordained by Paramashiva in vedas and agamas, it is hereby ordered as follows:

**Section 1. Purpose.** My administration and Kailasa is committed to provide conventional foods and dietary supplements with updated nutrition information and technique to assist all Hindus and the entire of Kailasa in maintaining healthy dietary practices. Our unified goal is to provide services for all Hindus to promote healthy food choices consistent with the current Kailasa food Guidelines as revealed by Paramashiva. This Nirahara Samyama program represent our Nation's commitment to the principle that no one in this country should fear hunger or experience want.

**Sec. 2. Policy.** It is the policy of the Kailasa Nation to provide the sacred science of Nirahara Samyama to anyone and everyone. The Federal Government of Kailasa recognises the benefits of this Nirahara Samyama in helping create habits that support a healthy lifestyle and improve the overall health of all the Hindus . Nirahara translates to “no-food”, and Samyama means exploring and discovering your various possibilities and powers being centered on a certain technique or spiritual process. Together, Nirahara Samyama means exploring the body’s possibility to live without having any external input like food or water. The purpose of the Samyama is to awaken the natural intelligence of making food out of natural resources like Sun rays, air and the prana (or life energy) which is directly available from space.

I am therefore issuing a global call to action for all Hindus to:

- a. In coordination with the Department of Health and Department of Agriculture, all seventeen nations of KAILASA - all Samrajyams (kingdoms), Samasthanas (spiritual kingdoms), all their branches, all the 1,500 de facto embassies of KAILASA shall
1. Ensure the Hindu dietary techniques such as but not limited to,
  - Rama Nirahara: Bhagavan Sri Rama was having forest fruits while He was meditating on Paramashiva and received the Upanishad. Having only forest fruit diet, doing sincere Shiva Puja and reading Upanishads for 21 days is RAMA NIRAHARA SAMYAMA, helps develop subtle brain grooves to grasp the Upanishads, mirroring the neurons of Bhagavan Sri Rama.

- Krishna Nirahara: Bhagavan Sri Krishna was on a dairy diet while meditating on Paramashiva when He delivered Gita. Having only organic dairy products like milk, curd, butter, ghee and cheese, doing sincere Shiva Puja and reading Bhagavad Gita for 21 days is KRISHNA NIRAHARA SAMYAMA, helps develop subtle brain grooves to grasp Bhagavad Gita, mirroring the neurons of Bhagavan Sri Krishna.
  - Vyasa Nirahara: Bhagavan Veda Vyasa was on a diet of basmati rice grown in Himalaya near Badrikashram, meditating on Paramashiva when He delivered Brahmasutra. Having only organic basmati rice grown in Himalayas, doing trikala sandya and agnihotram for 21 days is VYASA NIRAHARA SAMYAMA, helps develop subtle brain grooves to grasp Brahmasutra, mirroring the neurons of Bhagavan Veda Vyasa.
  - Nithyananda Nirahara Samyama: Nithyananda Nirahara Samyama means to explore and discover your body's possibilities without having any external input like food or water.
- (b) Increase the availability of Kailasa's digital services, i.e The Nirahara Samyama program will be digitalized to reach out to all the Hindus.
- c. Distributing the required manuals to follow the Nirahara Samyama.

**Sec. 3. Establishment of a Kailasa's Nirahara Samyama Working Group.** The Kailasa's Nirahara Samyama Working Group is hereby established to facilitate an "all-of-government" effort to avail Nirahara Samyama initiation to all Hindus. The Working Group will be co-chaired by the Secretary of Department of Health, or his designee, and the Secretary of Department of Human Services, or his designee. The Working Group shall be composed of representatives from the Department of Ministry of Sovereign, the Department of Enlightened Civilization, the Department of Information Broadcasting, the Department of Global Communications, the Office of Management and Budget (OMB), and such representatives of other executive departments, agencies, and offices as the Co-Chairs may, from time to time, designate with the concurrence of the head of the department, agency, or office concerned. All members of the Working Group shall be full-time, or permanent part-time, officers or subjects of the Federal Government of Kailasa.

**Sec. 4. Responsibilities of the Kailasa's Nirahara Samyama Working Group.** Within 24 hours of the date of this order, the Working Group shall develop and submit to the Supreme Pontiff a report that outlines a plan for service coordination between all

relevant stakeholders and executive departments and agencies (agencies) to provide Hindus the access to Nirahara Samyama.

**Sec. 5. General Provisions.** a. Nothing in this order shall be construed to impair or otherwise affect:

- i. the authority granted by law to an executive department or agency, or the head thereof; or
  - ii. the functions of the Director of the Office of Management and Budget relating to budgetary, administrative, or legislative proposals.
- b. This order shall be implemented consistent with applicable law and subject to the availability of appropriations.
- c. This order is not intended to, and does not, create any right or benefit, substantive or procedural, enforceable at law or in equity by any party against Kailasa, its departments, agencies, or entities, its officers, volunteers, or any other person, or against any nation's integrity or laws.